

SENIOR SERVICES



(760) 371-1445

f i in RRH.ORG

417 Drummond Ave
Ridgecrest, CA 93555

RIDGECREST REGIONAL HOSPITAL SENIOR SERVICES

Senior Services of Ridgecrest Regional Hospital is dedicated to ensuring maximum independence and dignity in a home environment to seniors of the Indian Wells Valley. We also offer information and support to the family and friends who act as caregivers to the seniors of our communities.





INFORMATION & REFERRAL

Information and Referral provides free assistance to seniors (60+) in identifying programs and services to meet their needs. These services include:

- Transportation Referral
- Food/Nutrition Programs
- Home Health Agency List
- Free Income Tax Preparation
- Senior Housing
- Assistance Completing Basic Forms

Partial funding for these programs is through the Kern County Department of Aging.

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CASE MANAGEMENT

An extension of Information and Assessment, Case Management provides more intensive services for seniors. Services may include:

- Development of a Plan of Care
- Assistance Completing More Complex Forms
- Weekly or Monthly Follow Up

HOMEMAKERS

Non-medical housekeeping services that are performed in the home. Services may include:

- Shopping
- Laundry
- Meal Prep
- Vacuuming, Dusting
- General Light Housekeeping

These services are provided to seniors (60+).