



## What are your home care needs?

Ridgecrest Regional Hospital offers Personal Care Services because we understand home is where you want to be. Our qualified personal care assistants are available to help you live independently in your home. We are available to assist you anywhere from 2 to 24 hours a day.



**Ridgecrest**  
REGIONAL HOSPITAL

**Personal Care  
Services**



## Caregivers

Ridgecrest Personal Care Services will provide caregivers who have been carefully screened and interviewed to ensure they are qualified, caring individuals. We understand that providing appropriate care for yourself or a family member is very important and we take it seriously. Therefore each caregiver will go through a background check and drug screening.





## Our Services

- Companionship and socialization
- Bathing, grooming & dressing assistance
- Activity and exercise
- Shopping and meal preparation
  - Errand running
- Medication reminders
- Transportation to appointments (schedule in advance)

## Payment

Ridgecrest Personal Care Services are self pay, however there are some services that may be covered by a senior program or a long term care insurance. Clients will be billed bi-weekly. If you have further questions about payment, please call us.



## Contact Us

(760) 499-3617

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